UMR
A UnitedHealthcare Company

Get to know the SelectColorado health plan

SelectColorado™ is all about supporting a personalized, connected approach to your health care experience. In collaboration with UCHealth and SCL Health, this plan is designed to help you build a strong connection between you and your primary care physician (PCP) — someone who can help coordinate your care and supports you in achieving your best health. You must live or work in Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, El Paso, Jefferson, Larimer, Mesa, Pueblo, Routt, Teller or Weld County to enroll.

Lower out-of-pocket costs

- $0 copays for PCP visits
- $0 copays for convenience care visits
- Getting care from Tier 1 providers may offer the greatest value for your health care benefits

A streamlined experience

- More convenient ways to fill prescriptions
- Online tools to help you get familiar with your plan
- PCPs deliver highly coordinated care, which may help reduce redundant tests and services

Convenient access to care

- 24-hour online doctor visits
- Choose from a network of quality physicians
- Large local provider network and service area, plus access to the nationwide Select network

Go anywhere in our network

- UCHealth and its affiliated providers
- SCL Health
- Children's Hospital Colorado
- CU Medicine
- Monument Health
- New West Physicians
- Optum Care
- Pediatric Care Network

Finding a SelectColorado PCP on umr.com has never been easier

Having a PCP makes a difference

Although your health plan option may not require you to choose a PCP,[1] it can be a good idea to have one. As the doctor who may know you best and the first person you call with medical questions and issues, your PCP can help you by:

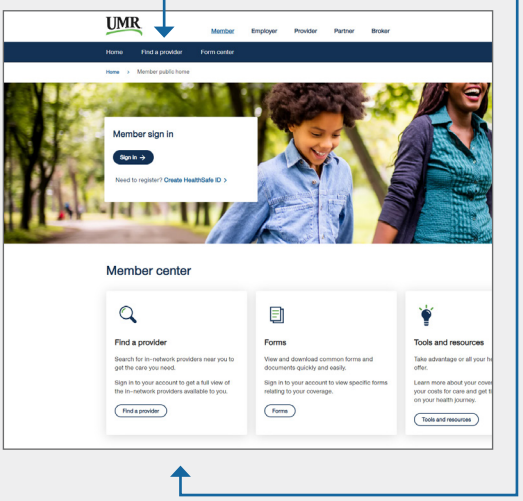
- Getting to know your health history and health goals
- Providing routine care, such as annual checkups, which may help identify potential health issues earlier
- Advising you when to see a specialist and providing referrals if needed [2]

Using the online provider directory

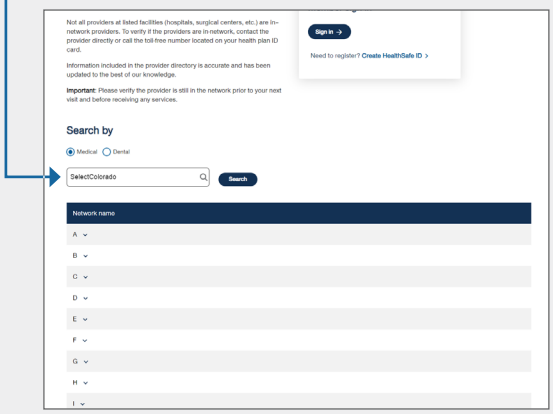
The UnitedHealthcare online provider directory includes network hospitals, primary physicians and specialists. The following information is available:

- Provider name, address and phone number
- Provider tier status
- Hospital affiliation
- Board certification
- If they're accepting new patients
- PCP services available
- Provider specialties
- Provider ID number
- Office language capabilities (English, Spanish, etc.)
- Map and directions to each office

1 Go to **umr.com** and select **Find a provider**



2 On the Find a provider screen, type **SelectColorado** in the **Provider network** field and select **Search**. *Notice that "SelectColorado" is one word with no space.*



[1] Some health plans may allow you to choose a facility rather than a doctor as your PCP. Some states allow you to choose a specialist, like an OB/GYN, as your PCP.
[2] Some health plans may require a referral prior to seeing another network physician or specialist.

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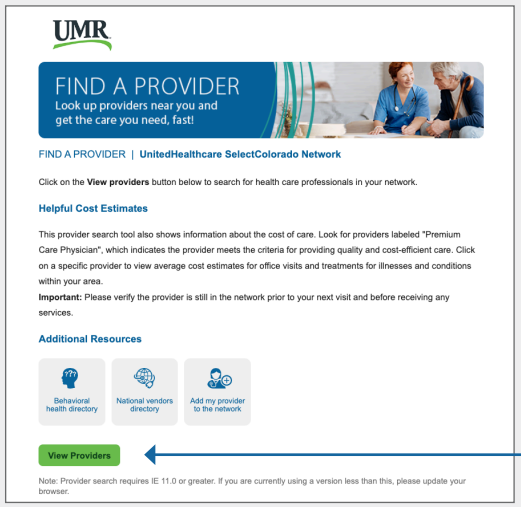
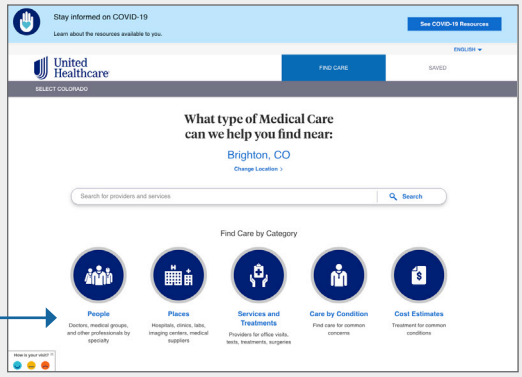
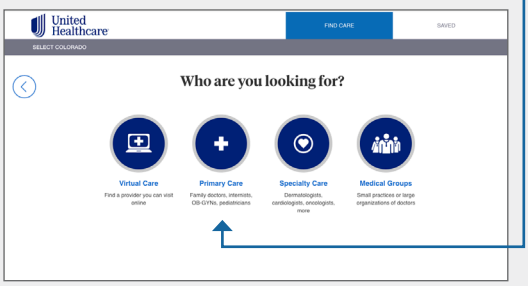
3 On the next **Find a provider** screen, select **View Providers**.



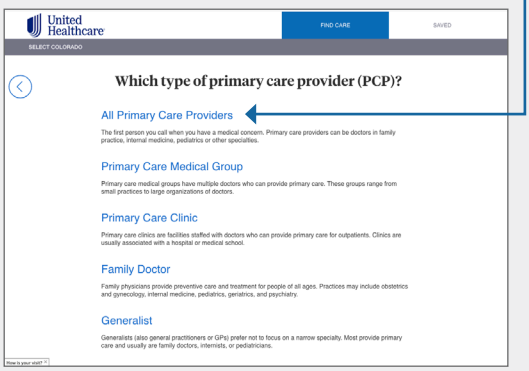
4 On the UnitedHealthcare SelectColorado screen, choose **People**.



5 When asked **Who are you looking for?** select **Primary Care**.



6 On the **Which type of primary care provider (PCP)?** screen, choose **All Primary Care Providers**



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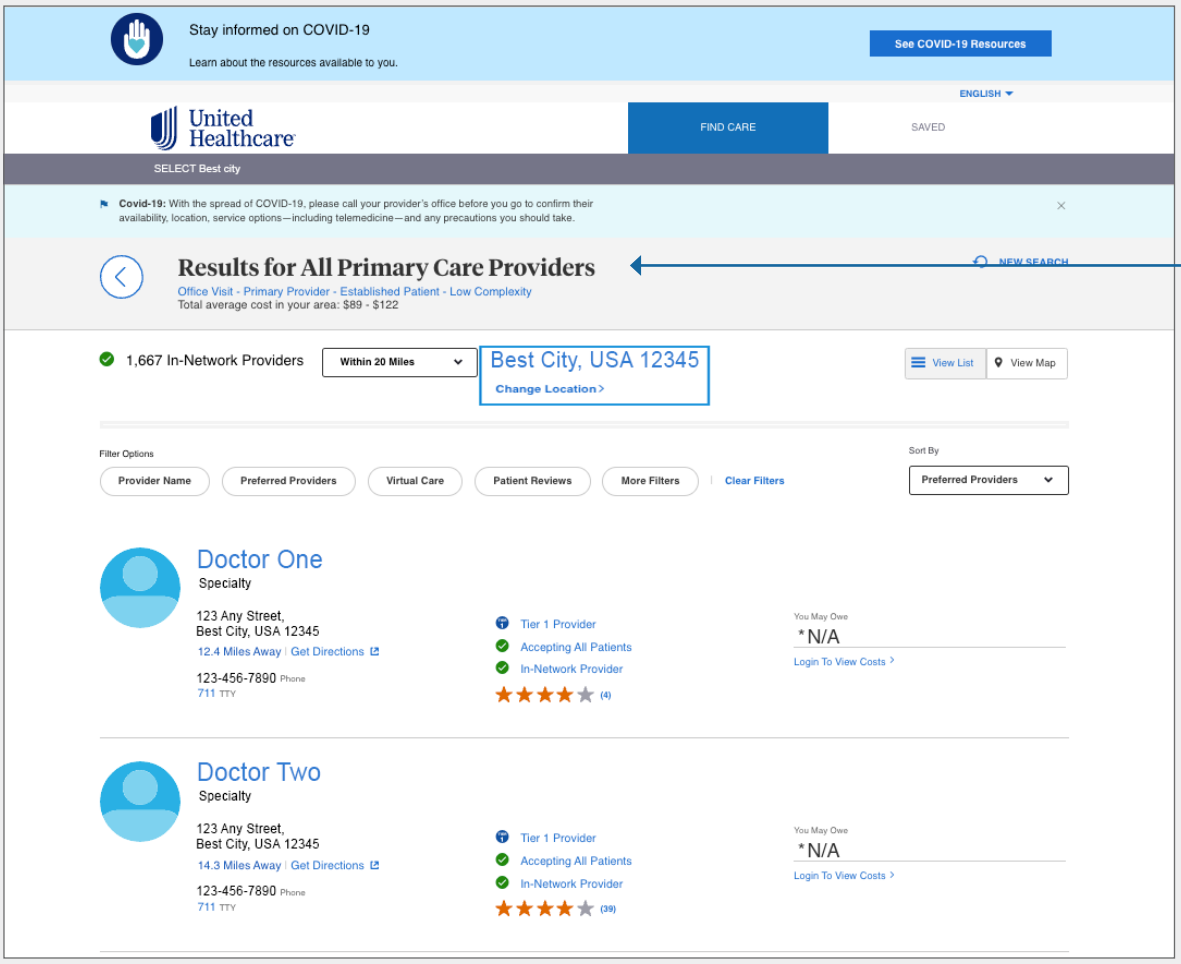
7 You will find multiple entries on the **Results for All Primary Care Providers** screen that you can navigate through to research and select the most suitable provider for your needs. Please be aware that there are several filtering options available on this screen to help refine your search and assist in locating a suitable match. Utilize the tools provided on the screen to aid in your search process.



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