Selecting a Primary Care Physician with your SelectColorado plan

Your SelectColorado plan requires you to choose a primary care physician (PCP). In addition to offering preventive services, PCPs help guide your care so you can avoid duplicate tests and services, helping save you time and money.

When you enroll you will be asked to select a PCP for each covered family member.

1 Once signed in to your account on **umr.com**, a message will appear under **Things to do** indicating you need to select a PCP. Select **Find costs and care**.

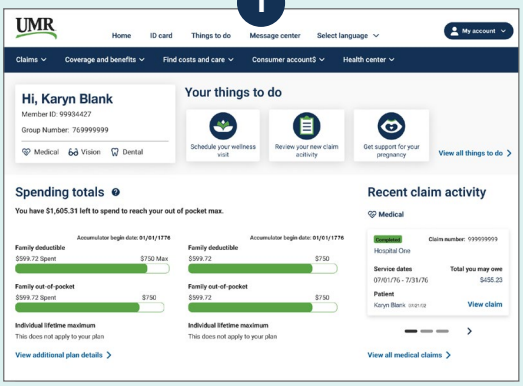
2 The next screen indicates the network your plan uses. Select the link labeled **Select PCP.**

3 On this screen, you will search for a provider. Note there are three selections to make:

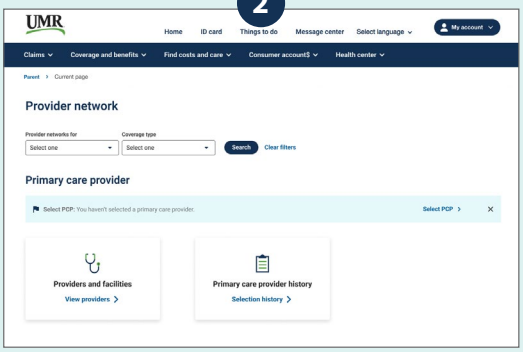
1. Your computer will attempt to identify your location (in this example, it's Houston, Texas). Select **Change Location** to change, if appropriate.
2. Next, use the **Search** field to enter a provider's last name and first name, and then select **Search.**
3. Then select the type of provider you're searching for.

4 Search results display similar to what is shown here. This search was done for all PCPs in the Houston area. Your results will be different. Once you see the PCP you'd like to select, click the **SELECT PCP** hyperlink as shown in the red circles.

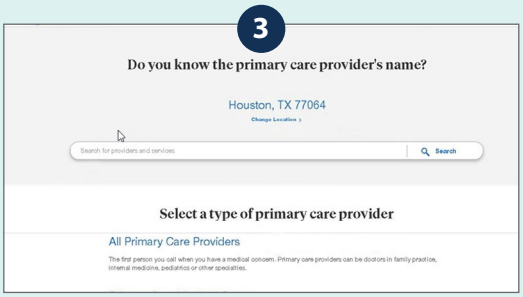
1



2



3



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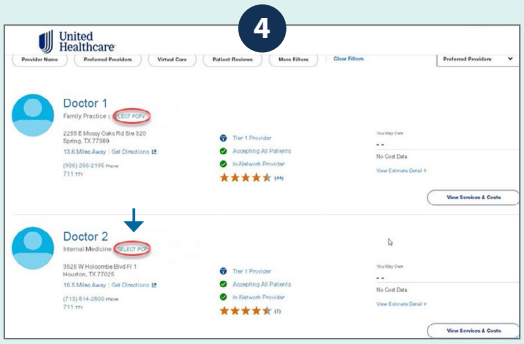
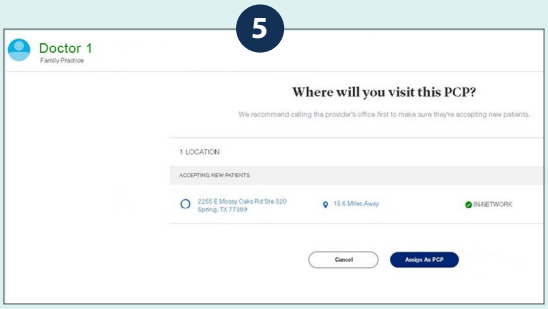


(Fictionalized data)

5 You will then be asked where you will visit this PCP. If the PCP you selected practices at multiple locations, you may have to indicate your choice. Select the radio button to select the location. Note you are not locked in to visiting only this location.

Then select the blue **Assign As PCP** button. You're all done! A new ID card will be generated and mailed to you soon.



(Fictionalized data)

TIER 1 Look for the Tier 1 network symbol

Where you go for care can make a difference in what you pay. Tier 1 providers are doctors, hospitals and other health care providers who may offer you the greatest value for your health care benefits. Look for the "blue dot" Tier 1 symbol when searching the network on **umr.com**.

Important: Choosing a Tier 1 PCP may offer you the greatest value for your health care benefits. If you have chosen a PCP who does not have the Tier 1 symbol, you may pay more.

Call us with any questions

SelectColorado plans: Call the toll-free number on your ID card.

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