

# Connect to Care



## What are the CEBT Health & Wellness Centers?

At the CEBT Health & Wellness Centers, our goal is to help you achieve your optimum health. To reach this goal, the teams at the centers are licensed to diagnose, treat, and prescribe for a wide variety of common illnesses and injuries. In addition to sick care, you have access to a full range of health assessment and coaching services all from a location that is convenient for you!

Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (sick visits are \$45 for members on the HDHP only).

## What is a Virtual Care Visit?

Your health is important to us - we are here to support you in staying well. Virtual care is a private and secure way to meet with your provider at your CEBT Health & Wellness Center through video and/or phone. Accessible on your mobile phone, tablet, or computer, you can access healthcare wherever you are through the Marathon Health Portal or the Marathon Health app.

## Take Care of Your Health

Schedule a virtual appointment online via the Marathon Health app or the Marathon Health Portal at [my.marathon-health.com](http://my.marathon-health.com). Follow these four simple steps to get started:

1. Log in and schedule an appointment by selecting the kind of visit you need.
2. Choose 'Virtual' as your appointment type.
3. Confirm the state you are located in.
4. Select your provider and appointment time and click 'Confirm Appointment.'

If your desired virtual appointment is not available, call your nearest CEBT Health & Wellness Center to schedule.

## Virtual Services Available at the CEBT Health & Wellness Centers

- Comprehensive Health Review
- Medical care
- Health coaching
- Chronic condition check-in

**Widefield** 719-551-5808

**Rifle** 970-440-8085

**Glenwood Springs** 970-440-8087

**Gypsum** 970-431-2871

**Loveland** 970-744-2866

**Greeley** 970-373-4625

[my.marathon-health.com](http://my.marathon-health.com)

**CEBT**  
Benefit by Trust

