



CEBT Health & Wellness Centers

What We Treat

At the CEBT Health & Wellness Centers, our goal is to help you achieve your optimum health. To reach this goal, the teams at the centers are licensed to diagnose, treat, and prescribe for a wide variety of common illnesses and injuries. In addition to sick care, you have access to a full range of health assessment and coaching services – all from a convenient location.

Employees, spouses, and dependents ages 2 and older who are on the CEBT medical plan are eligible to use any of the CEBT Health & Wellness Centers. There is no cost or copay for any visit type for CEBT members on a PPO or EPO plan. Members on an HDHP will pay no cost or copay for virtual visits until June 2022. Those on an HDHP plan are also eligible for free in-person preventive visits and chronic condition visits, but will pay \$45 for sick visits.

The following is a representative list of in-person and virtual services available:

Prevention

Health Screenings

- Annual preventive exams
- Blood pressure
- Body mass index
- Cholesterol
- Glucose

Health Coaching

- Nutrition
- Physical activity
- Tobacco cessation
- Stress management
- Weight loss

Chronic Condition Care Management

- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart health
- Low back pain
- Sleep apnea
- Educational offerings

Sick Visits

- Bronchitis
- Common cold
- Constipation
- Cough
- Diarrhea
- Eye infections
- Headache
- Joint pain
- Nausea and vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat

Primary Care Services

- Prescription management
- Referral coordination
- Labs and blood work including hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

Center Information

CEBT Health & Wellness Centers

Widefield 719-551-5808

Rifle 970-440-8085

Glenwood Springs
970-440-8087

Gypsum 970-431-2871

Loveland 970-744-2866

Greeley 970-373-4625

my.marathon-health.com

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