



Be your own

HERO

You stand ready to save lives at a moment's notice.

Who is going to help you when you are struggling with mental health issues?

Our special network of therapists stand ready to support you.

Triad EAP's new Emergency Responder Network can help.

Triad EAP has established a specialized network to support our Emergency Responder community. These counselors:

- have experience working with people in your profession
- understand your culture and the challenges of your job
- are able to support spouses/significant others and families of emergency responders.

To access this network of telehealth counselors, log in to www.triadeap.com. Use your username and password below. Locate the ERN tab on the homepage to begin the search for a counselor. After you've selected your counselor, call Triad EAP between 8 a.m. to 6 p.m. Monday through Friday at 877-679-1100 or contact us at info@triadeap.com so a referral can be sent on your behalf.

Login at www.triadeap.com

Username: **CEBT**

Password: **eap**

Call: 877-679-1100

Email: info@triadeap.com

A screenshot of a web interface for an Emergency Responder Network. At the top, there are three red icons: a shield, a flame, and a medical star. Below the icons is the heading "Emergency Responder". Underneath, there are three bullet points: "Search here for providers who have special understanding of an emergency responder's unique workplace stressors and culture.", "Emergency responder providers are available for brief, solution-focused TeleHealth sessions.", and "Review the provider biographies then call Triad to be connected confidentially and securely." At the bottom of the interface is a red button with the text "EMERGENCY RESPONDER SEARCH".

 **Triad**
EMPLOYEE ASSISTANCE PROGRAM